



## **International conference on *Prevention of age-related diseases***

Eurasia-Pacific Uninet medicine and health projects

October 28<sup>th</sup> to 31<sup>st</sup> 2009

Venue: Fudan University, Shanghai, China

Organizer: Eurasia-Pacific Uninet, Fudan University

Age and age related changes even in healthy individuals put an enormous burden on public health services and the younger generation which has to support and care for their elderly. There is a marked change ongoing in our societies, which not only requires new thinking about aging population but also measures to cope with inherent problems.

Common aging processes initiate the separation of an aging individual from every day life. Loss of mobility, deterioration of eyesight and hearing loss isolates the elderly. The consequence of isolation is disease and therefore the sharp rise of the needs in providing care. The burden of the public health service and society to support and care for the elderly is thus increasing. Prevention of age related diseases goes therefore far beyond the classical curative medicine - it involves the society as a whole and targets age related health measures.

The goals of prevention are therefore to reduce consequences of age related diseases, disorders and disabilities. The aim of this conference was to discuss the ways and possibilities leading to the aforementioned goals of prevention.